

# Strides For Diabetes 5K

## Overall Finish List

November 03, 2018

Results By Race Management Systems, Inc.

### 5K Timed

Place	Name	City	Bib No	Age	Gender	Age Group	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	MARK MILLER	CARROLLTON TX	1694	40	M	1 Overall		21:15.0	21:16.4	0:01.4	6:50/M
2	FIONA GREEN	KELLER TX	1784	54	F	1 Overall		22:51.5	22:52.3	0:00.8	7:21/M
3	BRADLEY GARDNER		1786	60	M	2 Overall	2:32.2	23:47.2	23:48.6	0:01.4	7:39/M
4	SAMUEL WOOD	COLLEYVILLE TX	1781	14	M	3 Overall	3:06.8	24:21.8	24:24.1	0:02.2	7:50/M
5	ELIZABETH LAWRENCE	NORTH RICHLAND HILLS TX	2529	50	F	2 Overall	2:03.6	24:55.1	24:56.4	0:01.2	8:01/M
6	TOM OCKENFELS		1770	57	M	1 Masters	4:39.2	25:54.3	25:57.3	0:03.0	8:20/M
7	SAMANTHA AGUILERA	IRVING TX	996	29	F	3 Overall	3:05.7	25:57.2	25:58.3	0:01.0	8:21/M
8	KEVIN LUECKENHOFF	FRISCO TX	990	31	M	1 30-34	4:54.9	26:09.9	26:17.3	0:07.4	8:25/M
9	GERALD WOOD	COLLEYVILLE TX	1782	44	M	2 Masters	5:05.8	26:20.8	26:23.4	0:02.5	8:28/M
10	ORVILLE PRINS		1776	65	M	3 Masters	5:22.5	26:37.5	26:39.2	0:01.6	8:34/M
11	CHARLES SMITH		1777	11	M	1 9-14	5:23.8	26:38.8	26:39.9	0:01.0	8:34/M
12	TED GERHART	KELLER TX	1656	59	M	1 55-59	5:29.7	26:44.7	26:47.0	0:02.2	8:36/M
13	MICHELLE GIUDICE	DENVER CO	1668	29	F	1 25-29	4:31.7	27:23.2	27:24.7	0:01.4	8:48/M
14	JACK ENGLANT	EULESS TX	1627	70	M	1 70-99	6:10.5	27:25.5	27:27.4	0:01.8	8:49/M
15	JEFF KITTLESUM		1769	49	M	1 45-49	7:40.3	28:55.3	28:57.8	0:02.4	9:18/M
16	TODD GEORGE	EULESS TX	2527	49	M	2 45-49	7:44.7	28:59.8	29:03.9	0:04.1	9:19/M
17	PJ NAVARRO	SPRINGTOWN TX	1695	26	M	1 25-29	7:47.3	29:02.3	34:04.5	5:02.2	9:20/M
18	KAYLEEN PUISZIS	HURST TX	1698	64	F	1 Masters	6:36.0	29:27.5	29:31.6	0:04.0	9:28/M
19	MARC STACH	COLLEYVILLE TX	1783	45	M	3 45-49	8:17.7	29:32.7	29:35.9	0:03.2	9:30/M
20	DAVE KHAN	GRAPEVINE TX	1779	55	M	2 55-59	8:48.9	30:03.9	30:06.8	0:02.9	9:40/M
21	MAYLI KHAN		1778	53	F	2 Masters	7:14.3	30:05.8	30:08.7	0:02.9	9:40/M
22	BRANDY JOHNSON	GRAPEVINE TX	1686	32	F	1 30-34	7:26.2	30:17.8	30:19.2	0:01.4	9:44/M
23	SEAN BRYAN		1768	53	M	1 50-54	9:08.9	30:23.9	30:28.9	0:04.9	9:46/M
24	SHELLY WALTON	KELLER TX	1765	48	F	3 Masters	7:53.6	30:45.2	30:48.7	0:03.5	9:53/M
25	BRADLEY SCHMIDT	COLLEYVILLE TX	1699	57	M	3 55-59	10:20.8	31:35.8	31:40.6	0:04.7	10:09/M
26	TIFFANY TUNE	ARLINGTON TX	1700	36	F	1 35-39	8:51.5	31:43.0	31:49.1	0:06.1	10:12/M
27	VINH KHA	COLLEYVILLE TX	994	44	M	1 40-44	11:16.8	32:31.8	32:41.8	0:09.9	10:27/M
28	MIJA KHA	COLLEYVILLE TX	993	8	F	1 1- 8	9:40.4	32:31.9	32:41.8	0:09.9	10:27/M
29	TONY ZAVALA	COLLEYVILLE TX	1767	39	M	1 35-39	11:24.8	32:39.8	32:47.6	0:07.8	10:30/M
30	KIERSTEN NORBY	COLLEYVILLE TX	1696	32	F	2 30-34	10:12.7	33:04.2	33:16.2	0:12.0	10:38/M
31	MARTHA ZAVALA	COLLEYVILLE TX	1766	40	F	1 40-44	12:01.0	34:52.5	35:00.3	0:07.8	11:13/M
32	ELIA KHA	COLLEYVILLE TX	992	8	F	2 1- 8	12:18.7	35:10.2	35:19.4	0:09.1	11:18/M
33	MONICA STETTLER-KHA	COLLEYVILLE TX	995	39	F	2 35-39	12:20.8	35:12.4	35:21.4	0:09.0	11:19/M
34	KRISTIAN PETERSON	GRAPEVINE TX	988	40	M	2 40-44	15:41.1	36:56.2	37:00.0	0:03.8	11:53/M
35	RYAN BROWN	GRAPEVINE TX	984	14	M	2 9-14	15:41.3	36:56.3	36:59.6	0:03.2	11:53/M
36	WENDY WESTMORELAND	DALLAS TX	991	35	F	3 35-39	14:40.0	37:31.6	37:42.2	0:10.6	12:04/M
37	BRIAN LUECKENHOFF	DALLAS TX	989	35	M	2 35-39	16:17.2	37:32.3	37:42.9	0:10.6	12:04/M
38	MARK JOHNSON	COLLEYVILLE TX	1691	69	M	1 65-69	17:32.4	38:47.4	38:49.5	0:02.1	12:28/M
39	KRISTIN BROWN	SOUTHLAKE TX	998	38	F	4 35-39	15:59.0	38:50.6	38:56.3	0:05.7	12:29/M
40	SEAN HENRY	FORT WORTH TX	1775	36	M	3 35-39	17:41.6	38:56.7	39:02.0	0:05.3	12:31/M

41	MICHEALA HENRY		1774	10	F	1 9-14	16:05.4	38:57.0	39:02.1	0:05.1	12:31/M
42	BETH BELL	EULESS TX	1785	54	F	1 50-54	21:49.9	44:41.4	44:46.0	0:04.6	14:22/M
43	JEROLD GRAY	GRAPEVINE TX	2528	0	M	1 0-0	23:28.2	44:43.2	44:49.2	0:05.9	14:23/M

---