

Strides For Diabetes 5K

Age Group Results

November 03, 2018

Results By Race Management Systems, Inc.

Men: [Top Finishers 0- 0](#) [9-14](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [65-69](#) [70-99](#)

Women: [Top Finishers 1- 8](#) [9-14](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [50-54](#)

5K Timed

[Top](#)

Female Overall Winners

Place	Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	FIONA GREEN	KELLER TX	1784	54	2		22:51.5	22:52.3	0:00.8	7:21/M
2	ELIZABETH LAWRENCE	NORTH RICHLAND HILLS TX	2529	50	5	2:03.6	24:55.1	24:56.4	0:01.2	8:01/M
3	SAMANTHA AGUILERA	IRVING TX	996	29	7	3:05.7	25:57.2	25:58.3	0:01.0	8:21/M

[Top](#)

Male Overall Winners

Place	Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	MARK MILLER	CARROLLTON TX	1694	40	1		21:15.0	21:16.4	0:01.4	6:50/M
2	BRADLEY GARDNER		1786	60	3	2:32.2	23:47.2	23:48.6	0:01.4	7:39/M
3	SAMUEL WOOD	COLLEYVILLE TX	1781	14	4	3:06.8	24:21.8	24:24.1	0:02.2	7:50/M

[Top](#)

Female Masters Winners

Place	Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	KAYLEEN PUISZIS	HURST TX	1698	64	18		29:27.5	29:31.6	0:04.0	9:28/M
2	MAYLI KHAN		1778	53	21	0:38.2	30:05.8	30:08.7	0:02.9	9:40/M
3	SHELLY WALTON	KELLER TX	1765	48	24	1:17.6	30:45.2	30:48.7	0:03.5	9:53/M

[Top](#)

Male Masters Winners

Place	Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	TOM OCKENFELS		1770	57	6		25:54.3	25:57.3	0:03.0	8:20/M
2	GERALD WOOD	COLLEYVILLE TX	1782	44	9	0:26.5	26:20.8	26:23.4	0:02.5	8:28/M
3	ORVILLE PRINS		1776	65	10	0:43.2	26:37.5	26:39.2	0:01.6	8:34/M

[Top](#)

Age or ID UNPROVIDED

Place	Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1	JEROLD GRAY	GRAPEVINE TX	2528	0	43		44:43.2	44:49.2	0:05.9	14:23/M

[Top](#)

Female 8 & Under

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 MIJA KHA	COLLEYVILLE TX	993	8	28		32:31.9	32:41.8	0:09.9	10:27/M
2 ELIA KHA	COLLEYVILLE TX	992	8	32	2:38.3	35:10.2	35:19.4	0:09.1	11:18/M

[Top](#)

Female 9 to 14

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 MICHEALA HENRY		1774	10	41		38:57.0	39:02.1	0:05.1	12:31/M

[Top](#)

Male 9 to 14

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 CHARLES SMITH		1777	11	11		26:38.8	26:39.9	0:01.0	8:34/M
2 RYAN BROWN	GRAPEVINE TX	984	14	35	10:17.5	36:56.3	36:59.6	0:03.2	11:53/M

[Top](#)

Female 25 to 29

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 MICHELLE GIUDICE	DENVER CO	1668	29	13		27:23.2	27:24.7	0:01.4	8:48/M

[Top](#)

Male 25 to 29

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 PJ NAVARRO	SPRINGTOWN TX	1695	26	17		29:02.3	34:04.5	5:02.2	9:20/M

[Top](#)

Female 30 to 34

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 BRANDY JOHNSON	GRAPEVINE TX	1686	32	22		30:17.8	30:19.2	0:01.4	9:44/M
2 KIERSTEN NORBY	COLLEYVILLE TX	1696	32	30	2:46.4	33:04.2	33:16.2	0:12.0	10:38/M

[Top](#)

Male 30 to 34

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 KEVIN LUECKENHOFF	FRISCO TX	990	31	8		26:09.9	26:17.3	0:07.4	8:25/M

[Top](#)

Female 35 to 39

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 TIFFANY TUNE	ARLINGTON TX	1700	36	26		31:43.0	31:49.1	0:06.1	10:12/M
2 MONICA STETTLER-KHA	COLLEYVILLE TX	995	39	33	3:29.3	35:12.4	35:21.4	0:09.0	11:19/M
3 WENDY WESTMORELAND	DALLAS TX	991	35	36	5:48.5	37:31.6	37:42.2	0:10.6	12:04/M
4 KRISTIN BROWN	SOUTHLAKE TX	998	38	39	7:07.5	38:50.6	38:56.3	0:05.7	12:29/M

[Top](#)

Male 35 to 39

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 TONY ZAVALA	COLLEYVILLE TX	1767	39	29		32:39.8	32:47.6	0:07.8	10:30/M
2 BRIAN LUECKENHOFF	DALLAS TX	989	35	37	4:52.4	37:32.3	37:42.9	0:10.6	12:04/M
3 SEAN HENRY	FORT WORTH TX	1775	36	40	6:16.8	38:56.7	39:02.0	0:05.3	12:31/M

[Top](#)

Female 40 to 44

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 MARTHA ZAVALA	COLLEYVILLE TX	1766	40	31		34:52.5	35:00.3	0:07.8	11:13/M

[Top](#)

Male 40 to 44

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 VINH KHA	COLLEYVILLE TX	994	44	27		32:31.8	32:41.8	0:09.9	10:27/M
2 KRISTIAN PETERSON	GRAPEVINE TX	988	40	34	4:24.3	36:56.2	37:00.0	0:03.8	11:53/M

[Top](#)

Male 45 to 49

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 JEFF KITTLES		1769	49	15		28:55.3	28:57.8	0:02.4	9:18/M
2 TODD GEORGE	EULESS TX	2527	49	16	0:04.4	28:59.8	29:03.9	0:04.1	9:19/M
3 MARC STACH	COLLEYVILLE TX	1783	45	19	0:37.3	29:32.7	29:35.9	0:03.2	9:30/M

[Top](#)

Female 50 to 54

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 BETH BELL	EULESS TX	1785	54	42		44:41.4	44:46.0	0:04.6	14:22/M

[Top](#)

Male 50 to 54

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 SEAN BRYAN		1768	53	23		30:23.9	30:28.9	0:04.9	9:46/M

[Top](#)

Male 55 to 59

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 TED GERHART	KELLER TX	1656	59	12		26:44.7	26:47.0	0:02.2	8:36/M
2 DAVE KHAN	GRAPEVINE TX	1779	55	20	3:19.1	30:03.9	30:06.8	0:02.9	9:40/M
3 BRADLEY SCHMIDT	COLLEYVILLE TX	1699	57	25	4:51.0	31:35.8	31:40.6	0:04.7	10:09/M

[Top](#)

Male 65 to 69

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 MARK JOHNSON	COLLEYVILLE TX	1691	69	38		38:47.4	38:49.5	0:02.1	12:28/M

[Top](#)

Male 70 & Over

Place Name	City	Bib No	Age	Overall	Time Back	Chip Time	Gun Time	Chip Diff	Pace
1 JACK ENGLANT	EULESS TX	1627	70	14		27:25.5	27:27.4	0:01.8	8:49/M
